

FREE FESTIVAL!



30 May - 7 June '09 Kendal, Cumbria

Like to bike?

*Celebrating all kinds of cycling
for all kinds of people!*



cyclefest

www.cyclefest.org.uk

Free Festival: Saturday 30 May, 11am – 5pm

(Abbot Hall Park, Kendal, Cumbria)

- stunt bike demonstrations
 - road racing
 - handbikes
 - bicycle disco
 - dress your bike
 - bike jumble
 - cyclemagic
 - tandem cycling for the visually impaired
 - competitions
 - recumbents
 - films
 - kids zone
 - bicycle maintenance
 - bike giveaway
 - puppet show
 - adapted bikes for disabled people
 - mountain biking
 - refreshments
 - talks
 - health check
 - workshops
 - stalls
 - bicycle powered cinema
- and much, much more**

Festival Week: Sunday 31 May – Sunday 7 June

(For times and locations visit www.cyclefest.org.uk)

Guided rides • Mountain rides • Road rides • Over 50's • Family rides
• Lane Quest • Trail Quest

Talks and Workshops • Mountain Bike Night • Road Biking Night
• Flora & Forna • Maintenance workshops

Getting here

By Bike: Kendal is on National Route 6 and near National Route 68 'Walney to Wear'.

By Car: Easily accessed from the M6. For the festival, once in Kendal follow signs for the Abbot Hall Art Gallery, or see www.cyclefest.org.uk for directions.

By Train: Oxenholme and Kendal stations

More Information: Tel: 01539 740694 Web: www.cyclefest.org.uk

Email: info@cyclefest.co.uk

bluestone
heritage trust



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